



is pleased to present:

**2002 Canadian Senior Track and Field Championships
Incorporating the Junior and Senior Combined Events, and the
Commonwealth Games Trials**

TECHNICAL PACKAGE



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Formulaire d'inscription française disponible sur demande.

- Sanctioned by: Athletics Canada
- June 21-23, 2002.
- Foote Field Athletic Stadium, University of Alberta South Campus, 11601 – 68th Avenue, Edmonton, Alberta.

Entry Deadline

- Entries and entry fees must be received by Athletics Alberta on or before Friday, June 14, 2002 at 1600 hours (Alberta Time), or postmarked on or before Wednesday, June 05, 2002.
- Entries received after Friday, June 14th will be considered late.
- All entries are to be sent to: Athletics Alberta, 11759 Groat Road, Edmonton, AB, T5M 3K6. Fax: (780) 427-8899 Tel: (780) 427-8792 E-MAIL: Hytek Commlink mail to: athletics@athleticsalberta.com
- Entries will be posted on the Webpage: www.athleticsalberta.com
- Confirmation is the responsibility of the athlete.
- Entry forms must be completed with all of the pertinent information.
- Entries received without the accompanying fees will be considered as late entries.

Entry Process

- Entries may be made via mail, fax, or e-mail.
- All mailed entries must be made on Athletics Canada Championships Registration Forms.
- All entries must be complete with the following information:
 - Athlete first and last name and date of birth
 - Place of Birth and Current Citizenship
 - Address, day phone, e-mail
 - Club, Coach
 - Province, and Branch registration #
 - Event(s) to be entered
 - Entry standard, where and when achieved
 - Personal Best and year it was achieved
 - Accompanying registered cheque, money order or credit card information (including expiration date)
- Facsimile or e-mail registration must include all of the information listed above and must be accompanied with credit card payment.
- All payments are to be made payable to Athletics Alberta.
- All qualification results for entry into the Canadian Championships will be checked and verified. Any false claims could result in disciplinary actions and/or non-participation in the meet.

Eligibility

- Canadian athletes must be registered with a Branch of Athletics Canada. Qualification standards (attached) must be achieved for entry. Foreign athletes will not be allowed to compete at the Championships unless cleared by Athletics Canada Director of Technical Services.

Entry Fees

- All entry fees are payable to ATHLETICS ALBERTA and must accompany the entry form.
- Senior Entry Fee: First Event: \$55.00; Subsequent Events: \$50.00
- Late Entry for First Event: \$135.00; Late Entry for Subsequent Events: \$120.00
- Junior Combined Events Entry Fee \$50.00; Late Entry \$120.00
- Coach Registration: \$25.00
- All fees must be paid by certified cheque, money order, cash, VISA, or by Athletics Canada Branch cheque. **NO PERSONAL CHEQUES WILL BE ACCEPTED.**
- Please include the expiry date of your credit card. If a credit card is being used for all entries, the credit card number must be written on each individual entry form. Facsimile or e-mail registration must be accompanied with credit card payment.
- Entries not accompanied by the correct form of payment will be assessed the late entry fee and held for acceptable payment at registration.

Athlete and Coach Registration

- Athletes must register in person. Registration will take place at:
 - Coast Edmonton Plaza Hotel, 10155 – 105th Street, Edmonton. Thursday, June 20th, 2002 from 1600 hours to 2200 hours.
 - Foote Field (Technical Information Centre): Friday, June 21st, from 1000 hours to 1700 hours
Saturday, June 22nd from 0800 hours to 1700 hours
Sunday, June 23rd from 0700 hours to 1300 hours
 - Coaches registration will be in effect at these Championships. A Coach Registration Form is enclosed and should be submitted with the athlete registration forms. The Coach Registration Package includes one meet pass, all documentation necessary for the Technical Meeting and one complete set of results.

Athletics Canada National Team Program

These Championships will serve as selection trials for the following 2002 National Team Projects:

- 2002 Commonwealth Games, Manchester, England
- 2002 NACAC Under-25 Championships, San Antonio, Texas
- The Combined Events Tour, The Netherlands

Please refer to the Official National Team Selection Criteria for each of these teams for exact information on the qualification process. This information will be available on the Athletics Canada Website.

Championships Technical Meeting

- A technical meeting for the purpose of reviewing technical changes, schedule changes, and general meet information will occur Thursday, June 20th, 2002 at 2000 hours at the Coast Edmonton Plaza Hotel.

Doping Control

- Doping Control will be carried out at these Championships in accordance with Athletics Canada Policy.

Awards

- Canadian Championship medals will be awarded to the first three finishers in each event.

Results

- Results will be posted regularly on both Athletics Canada and Athletics Alberta Web-Sites as soon as possible.

Competition Facility

- Foote Field Athletic Stadium, University of Alberta South Campus, Edmonton, AB
- Track: 8 lane 400m, MONDO surface
- Runways: MONDO surface
- Throwing Circles: concrete
- Spike Length: 7mm (track), 7mm (long jump), 9mm (high jump), 9mm (javelin), 9mm (pole vault), 4mm maximal diameter
- Photo finish cameras: Finish Lynx
- Change rooms with showers are available at the stadium

Warm-Up and Training

- Warm-up for all track and field events will take place at the Football Field at Foote Field, immediately adjacent to Foote Field Track Facility. The football field has four straight-aways approximately 80m in length, MONDO surface.
- Rollie Miles Athletic Park, the training and practice track (MONDO surface), is located approximately 2 miles from Foote Field. Rollie Miles is a 400m track with 8 lanes straight and 8 lanes on the curve, along with two long jump/triple jump runways and an apron for high jump and pole vault and full throwing facilities.

Equipment

- The Organizing Committee's starting blocks will be the only ones utilized, and must be utilized for all events of 400m or less. Throwing implements will be provided. Pole-vaulters must provide personal poles. Poles must be checked in 2 hours before the event. Personal implements must be certified by Equipment Manager (provided by Host Organizing Committee) two hours competition.

Health/Medical Services

- Medical staff will be on-site (competition facility) for injuries.

Accommodation

- Championship Hotel:
Coast Edmonton Plaza Hotel
 10155 – 105th Street
 Edmonton, Alberta T5J 1E2
 Phone (780) 423-4811; Fax: (780) 425-5882
 Toll Free: 800-663-1144
 Room rates: \$70.00 for single, double or triple occupancy (standard or superior)
 and \$90.00 for Premium rooms

Alternate Hotel:

- **Delta Edmonton South Hotel**
 4404 Calgary Trail
 Edmonton, AB T6H 5C2
 Ph: (780) 434-6415 Fax: (780) 434-5298
 Toll-Free: 800-268-1133 Email: www.deltahotels.com
 Room Rate: \$89.00 per night; single or double occupancy.

Indicate 2002 Canadian Track and Field Championships Booking when making reservations. The deadline for reservations is May 10, 2002.

Transportation

- A scheduled shuttle service (free of charge) between the Championship Hotel – Coast Edmonton Plaza and Foote Field will begin operations on Thursday, June 22. A transportation schedule will be available at both hotels.
- Transportation between the airport and the Championship hotel is as follows:
 - Commercial Shuttle: the Airporter, Tel: (780) 462-3456, cost: \$11.00 one-way, \$18.00 return.
 - Taxi: available at the airport, cost: average is \$35.00 from the airport to the hotel.
 - Airport Taxi/Van: all major rental companies have desks at the airport, cost: ranges from \$25.00 to \$50.00 depending on the size of the van.

Championship Timetable

- The timetable is attached. Please note the timetable is subject to change.

Qualifying Standards

- Qualifying for the Canadian Senior Championships is as follows:
 - Athletes achieving the standards (attached) are automatically eligible if the performance has been achieved in a sanctioned competition. Carded athletes (2002) are automatically eligible to compete in the Championship event in which they are carded.

- Athletes who have not made the qualifying standard are also eligible to compete if:
 - They are the top three non-standard makers at a Provincial/Territorial Branch Qualifying competition as designated by the Province/Territory at least 30 days in advance to Athletics Canada.
 - If there is no such Provincial/Territorial Branch Qualifying competition, the Province/Territory or Branch may select up to three athletes per event, who have not made the qualifying standard, who may participate in the National Senior Championships for such event.

N.B. Athletes must submit proof of performances as required on the Championship Registration Form. Athletics Canada must be, at its discretion, able to verify the declared performances. We encourage you to provide us with the results of the competition where the performance was achieved, especially High School and out of country competitions. If the performance cannot be verified, the athlete will be given no seeding performance or may be refused entry.

- Results from regional High School meets will not be accepted unless sanctioned by an Athletics Canada member branch. Results must be re-submitted and must include electronic times for sprints, wind readings (for sprints and horizontal jumps) and implement weight. No hand times will be accepted. If performances at branch-designated trials are submitted as hand times, then for the purpose of seeding lists, the athletes best known electronic time will be retained. Performances achieved under the Pyro Timing System will be converted to hand times. False seeding information could lead to disciplinary measures.

Social Event

- The Organizing Committee will host a social evening for coaches and officials following the Technical Meeting on Thursday, June 20 at the Coast Edmonton Plaza Hotel, 10155 – 105th Street, Edmonton, AB.

Championship Inquiries

- Entries: Athletics Alberta, 11759 Groat Road, Edmonton, AB, T5M 3K6.
Fax: (780) 427-8899 Tel: (780) 427-8792 E-MAIL: Hytek Commlink mail to: athletics@athleticsalberta.com

Additional Information

- Speed and Power Altitude High Performance Competition Series, Calgary, AB (Meets: Wednesday, June 26, 2002; Friday, June 28, 2002; and Sunday, June 30, 2002).
- Important Notice on Air Travel Bookings – All persons attending this camp should book their National Senior Championships air travel RETURNING HOME ON JULY 1st – DEPARTING OUT OF CALGARY.
- For information and camp registration visit the following website:
<http://www.athleticscanada.com/AthcanSpeedPower/home.html>

Royal Bank - Lap of Champions

During the weekend of the National Championships, the 5th Annual Royal Bank Lap of Champions will be run. Children will gather to run the “Royal Bank Lap of Champions” in celebration of track and field athletics to participants young and young at heart. Further details to follow.

2002 Athletics Canada Senior Track and Field Championships
Championnat senior, Athlétisme Canada 2002
June 21/23 Edmonton (10,000m in Burnaby on June 1, 2002)
Qualifying Standards/Minima de qualification

(Performances must have been achieved outdoors between June 01, 2001 and June 11, 2002 Exception: for the 10,000m event performances must have been achieved outdoors between June 1, 2001 and May 22nd, 2002)

Men/Hommes	Event/Épreuve	Women/Femmes
10.55	100	12.00
21.40	200	24.70
47.90	400	56.50
1:52.30	800	2:12.14
3:51:00	1500	4:30.00
+ 14:27.00	5000	16:50:00 +
	10,000 See below	
14.80	110H/100H	14.35
54.50	400H	62.00
9:35	3000 S/C	No Standard (Championship Event)
2.10	HJ/hauteur	1.73
4.90	PV/perche	3.70
7.25	LJ/longueur	5.70
14.35	TJ/triple saut	11.80
15.00	SP/poids	13.40
52.00	HT/marteau	49.50
47.50	DT/disque	45.00
60:70	JT/javelot	42.50
1:50:00	20rw/marche	No standard (Championship Event)
6150	Dec/Hep Senior	4500
5500	Dec/Hep Junior	4000
	Paralympic Event	
100	Amputee(Open)	100
Yes	Stand Up Shot (Open)	Yes
1500	Wheelchair (Open)	800*

* Trial for Commonwealth Games

10,000m (Men/Women) – All runners must be registered athletes through their provinces
 These events will be conducted within the Harry Jerome Meet in Burnaby on June 1.

Standard

31:10.00

36:50.00

EQUIVALENTS

+ this is also the equivalent to 10,000m standard. Also the 3000m equivalent to 5000m standard is: Men: 8:14.00 and for Women: 9:42.00

Note: No Road Race “Standards” in lieu of a track standard will be allowed.

2002 CANADIAN SENIOR TRACK & FIELD CHAMPIONSHIPS

**Edmonton, AB
June 21 – 23, 2002
ENTRY FORM**

Male/Homme

Female/Femme

LAST NAME/NOM: _____ FIRST/PRENOM: _____

BRANCH: _____ MEMBERSHIP/REGISTRATION#: _____

DATE OF BIRTH/NAISSANCE: _____
Day/Jour Month/Mois Year/Annee

MEDICAL INSURANCE NUMBER: _____

TELEPHONE: _____
Day/Jour Night/Soir E-MAIL

ADDRESS/ADRESSE: _____
Street/rue Apt./App#

_____ City/ville Province Postal Code/Postal

CLUB: _____

COACH/ENTRAINEUR: _____

COACH/ENTRAINEUR – TELEPHONE: _____
Day/Jour Night/Soir

EVENT/EPREUVE	P.B. & YEAR	STANDARD	PERFORMANCE	MEET/DATE/LOCATION

CHAMPIONSHIP FEES:**ENTRY DEADLINE IS FRIDAY, JUNE 14, 2002**

1ST Event (Late Entry)
\$55.00 (\$135.00)

Subsequent Event (Late Entry)
\$50.00 (\$120.00)

Make Cheque or Money Order payable to: **Athletics Alberta:**

Athletics Alberta

11759 Groat Road, Edmonton, AB, T5M 3K6

Tel: (780) 427-8792 Fax: (780) 427-8899 E-MAIL: athletics@athleticsalberta.com

CREDIT CARD INFORMATION: VISA

Please print

CARD NUMBER:

EXPIRY DATE:

NAME ON CARD:

SIGNATURE:

DATE:

TOTAL:

Entries will be posted on: www.athleticsalberta.com. Confirmation is the responsibility of the athlete.

NOTE: Faxed or e-mailed entries must be accompanied with credit card payment.

2002 CANADIAN SENIOR TRACK & FIELD CHAMPIONSHIPS
IMPLEMENTS LIST

WOMEN

Company Name	Product Name	Material	Certification N°	Catalogue N°
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SHOT PUT 4 kg

NELCO		Turned Iron 108mm	I-99-0094	N1118E
NELCO		Turned Iron 104mm	I-99-0137	N1118EA
NORDIC		Steel 108mm	I-99-0025	5133402

DISCUS 1 kg

GILL SPORTS	Hollowood Star	Steel rim, wooden	I-99-0039	313
NELCO	Super Spin	Brass rim, fiberglass	I-99-0092	N1105B
NISHI	Super	Steel rim	I-99-0086	F303

HAMMER 4 kg

GILL SPORTS	Pacer	Stainless steel, 95mm	I-99-0044	738940
NORDIC		Brass 95mm	I-99-0009	5125400
POLANIK	Competition	Brass, 95mm	I-00-0204	PM-156-M

JAVELIN 600 gm

NEMETH	Standard 70m	Aluminum	I-99-0107	600S70
NORDIC	Diana 50	Steel	I-99-0016	7917602
NORDIC	Diana 60	Steel	I-99-0015	7917601
OTE	Heptathlon Special	Aluminum	I-99-0072	2683

Further certified implements may be added to this list.

MEN

Company Name	Product Name	Material	Certification N°	Catalogue N°
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SHOT PUT 7.26 kg

NELCO		Turned Iron 128mm	I-99-0093	N1118A
NISHI		Steel 125.5mm	I-99-0087	F251
NORDIC	Olympic Super	Steel 128mm	I-99-0021	5131726

DISCUS 2 kg

DENFI	Hyper Superspin	Chrome rim, carbon black	I-99-0097	D2000HS
OTE	High Moment	Steel rim, aluminum	I-99-0062	2202
UCS	Purple Flyer	Steel rim, fiberglass	I-99-0123	720.2200

HAMMER 7.26 kg

NELCO	Olympic Alloy	Stainless steel 110m	I-99-0132	N1122XA
NORDIC	Brass	Brass 110mm	I-99-0008	5125726
NISHI	Steel	110mm	I-99-0079	F201

JAVELIN 800 gm

NEMETH	Club 85m	Aluminum	I-99-0104	800C85
NORDIC	Champion	Steel	I-99-0012	7916800
NORDIC	Orbit	Steel	I-99-0014	7916808
OTE	Comp Tailwind	Aluminum	I-99-0067	2885

Further certified implements may be added to this list.

2002 Canadian Senior Track and Field Championships

TENATIVE SCHEDULE

Day One Friday, June 21

Time	M/W	Discipline	Round	
12:00	W	Hammer	Final	
12:00	M	100m	Jr Dec (3 heats)	
12:45	M	Long Jump	Jr Dec	
13:00	M	100m	Decathlon (2 heats)	
13:15	W	High Jump	Final	
13:30	W	400m	Semi-Final (2 heats)	
13:40	W	Shot Put	Stand Up Final	
13:45	M	Long Jump	Decathlon	
14:00	W	1500m	Semi-Finals (2heats)	
14:15	M	Shot Put	Jr Dec	
14:20	M	110m Hurdles	Semi-Final (2 heats)	
14:40	W	100m Hurdles	Semi-Final (2 heats)	
15:15	M	Shot Put	Decathlon	

17:00	M	High Jump	Jr Dec	
18:00	W	Pole Vault	Final	
18:00	M	Javelin Throw	Final	
18:05	M	High Jump	Decathlon	
18:10	M	800m	Semi-Final (2 heats)	
18:30	W	100m	Amputee Final	
18:45	M	100m	Amputee Final	
18:55	W	3000 SC	Final	
19:10	M	400m	Jr. Dec	
19:25	W	100m	Semi-Final (3 heats)	
19:50	M	400m	Semi-Final (2 heats)	
19:55	M	Triple Jump	Final	
20:00	W	Discus Throw	Final	
20:05	M	400m	Decathlon (2 heats)	
20:30	M	5000m	Final	
21:00	W	100m	Final	

Day Two Saturday, June 22

Time	M/W	Discipline	Round	
9:30	M	110m Hurdles	Jr. Dec	
9:50	M	110m Hurdles	Decathlon (2 heats)	
10:05	W	100m Hurdles	Jr. Hep	
10:30	W	100m Hurdles	Heptathlon (2 heats)	
10:30	M	Discus Throw	Jr. Dec	
11:00	M	1500m	Semi-Final (2 heats)	
11:00	W	Javelin Throw	Final	
11:05	W	High Jump	Jr. Hep	
11:30	W	400m Hurdles	Semi-Final (2 heats)	
11:30	M	Discus Throw	Decathlon	
11:30	W	High Jump	Heptathlon	
11:45	M	400m Hurdles	Semi-Final (2 heats)	

12:00	M	Pole Vault	Jr. Dec	Pit 1
13:00	M	Pole Vault	Decathlon	Pit 2
13:00	M	Discus Throw	Final	
13:30	W	800m	Wheel Chair Final	
13:45	M	1500m	Wheel Chair Final	
14:00	M	110m Hurdles	Final	
14:00	W	Shot Put	Jr. Hep	
14:15	W	100m Hurdles	Final	
14:30	W	Shot Put	Heptathlon	
14:30	M	800m	Final	
14:40	W	1500m	Final	
15:00	M	100m	Semi-Final (4 heats)	
15:00	W	Long Jump	Final	
15:05	M	Javelin Throw	Jr. Dec	
15:30	W	400m	Final	
15:45	M	400m	Final	
15:50	W	200m	Jr. Hep	
16:15	W	200m	Heptathlon (2 heats)	
16:00	M	Javelin Throw	Decathlon	
16:30	W	Shot Put	Final	
16:30	W	5000m	Final	
16:55	M	1500m	Jr. Dec	
17:10	M	100m	Final	
17:25	W	800m	Semi-Final (2 heats)	
17:40	M	1500m	Decathlon (2 heats)	

Day Three; Sunday, June 23

Time	M/W	Discipline	Round
9:00	M	20K Walk	Start
9:20	W	20K Walk	Start
9:30	W	Long Jump	Jr. Hep
10:20	M	20 K Walk	Finish
10:30	W	Long Jump	Heptathlon
10:55	W	20 K Walk	Finish

12:00	W	Javelin Throw	Jr. Hep
12:00	M	Shot Put	Stand Up Final
12:00	M	Hammer Throw	Final
12:00	M	Pole Vault	Final
12:10	W	200m	Semi-Final (2 heats)
12:15	M	Long Jump	Final
12:30	W	400m Hurdles	Final
12:35	M	High Jump	Final
12:45	M	200m	Semi-Final (3 heats)
13:00	W	Javelin Throw	Heptathlon
13:05	M	400m Hurdles	Final
13:20	M	3000m SC	Final
13:30	M	Shot Put	Final
13:50	W	800m	Final
14:00	W	Triple Jump	Final
14:15	M	1500m	Final
14:30	W	200m	Final
14:45	W	800m	Jr. Heptathlon
15:00	M	200m	Final
15:10	W	800m	Heptathlon (2 heats)